



Slough Weekend Islamic School
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رمضان



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Acknowledgements

But why?

Who keeps this
globe
spinning?





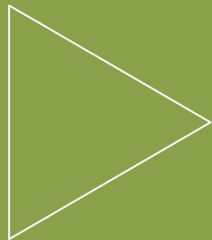
Who gives us a night to
rest every day?



We will be
judged



So
why
fast?



1. Muharram



2. Safar



3. Rabi'
al-awwal



4. Rabi'
al-thani

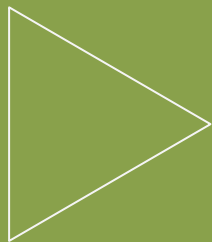


5. Jumada
al-awwal



6. Jumada
al-thani

12 MOON MONTHS



7. Rajab



8. Sha'ban



9. Ramadan



10.
Shawwal



11. Dhu al-
Qi'dah



12. Dhu
al-Hijjah



"The month of Ramadhan [is that] in which was revealed the Qur'an, a guidance for the people and clear proofs of guidance and criterion. So whoever sights [the new moon of] the month, let him fast it; and whoever is ill or on a journey - then an equal number of other days. "

QURAN 2:185

*"O you who have believed,
decreed upon you is fasting as
it was decreed upon those
before you that you may become
righteous" [Quran 2:183]*

*Prophet صلى الله عليه وسلم said:
"Whoever does not give up
lying, forged speech and evil
actions, Allah is not in need of
his leaving his food and drink."
[Sahih al-Bukhari]*

TO ATTAIN TAQWA

Allah tells us in Surah al Baqarah that He commanded us to fast so that we may become Al-Muttaqoon. The student of Ibn 'Abbaas, defined Taqwa as: "It is that you obey Allah so that He is never disobeyed, and you are conscious of Him so that He is never forgotten, and that you thank Him so that He is never shown ingratitude."

Why Should We Fast? —



RAMADAN AND LAYLAT-AL-QADR

The Prophet صلى الله عليه وسلم said: "Indeed the month of Ramadan has come upon you, a month of blessings, in which Allah has obligated fasting on you. In it the gates of Paradise are opened and the gates of Hellfire are closed, and the devils are chained. In it is a night that is better than a 1000 months, the one who is deprived of its goodness is indeed deprived." [Musnad Ahmad]

SINS ARE FORGIVEN

The Prophet صلى الله عليه وسلم said: "Whoever fasts during Ramadan out of sincere faith and hoping to attain Allah's rewards, then all his past sins will be forgiven." [Sahih al-Bukhari]e communication tools that can be used as lectures.

FASTING IS A SHIELD

The Prophet صلى الله عليه وسلم said: "Fasting is a shield with which a servant protects himself from the Fire." [Musnad Ahmad]

INTERCESSION

The Prophet صلى الله عليه وسلم said: "Fasting and the Qur'an are two intercessors for the servant of Allah on the Day of Resurrection. Fasting will say: 'O Lord, I prevented him from his food and desires during the day. Let me intercede for him.' The Qur'an will say: 'I prevented him from sleeping at night. Let me intercede for him.' And their intercession will be accepted." [Musnad Ahmad]

*Virtues of Ramadan
and Fasting*



Ramadan Preparation and COVID-19

And let every soul look to what it
has put forth for tomorrow'.

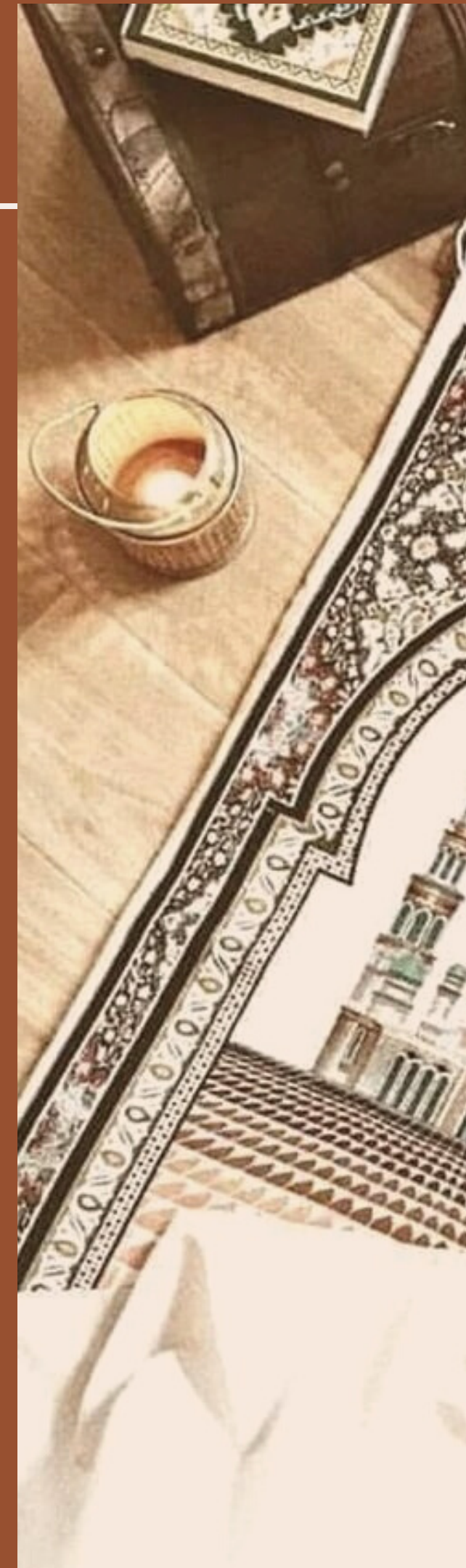
[Quran 59: 18]

Ramadan under quarantine

We will be stripped from a great deal of spiritual and social elements: Taraweeh, Iftars, and gatherings and we probably will realize some of the benefits and wisdoms behind this experience. After the change in the Qiblah ([Read more](#)), the Companions received the divine order to change, to adapt and to submit, and Allah SWT praised the ones who successfully complied: **"And indeed, it is difficult except for those whom Allah has guided. And never would Allah have caused you to lose your faith. Indeed Allah is, to the people, Kind and Merciful."** [Quran 2:143]

Please, try to use the disturbance in "spiritual inertia" this Ramadan as an opportunity to reorient your qibla; Try your best to grow, to shine, and to thrive this Ramadan, not only survive, and try your best to spread this attitude and this positivity around you. The number of days in Ramadan are limited so prepare and plan in advance so that you can dedicate most of your time to the worship of Allah during this blessed month and revise for your exams effectively.

Ask yourself: What do I need to develop to make my Ramadan 'most successful'? What can I 'live without' in Ramadan? What can I avoid? Have I planned and organised my revision and ibadah?

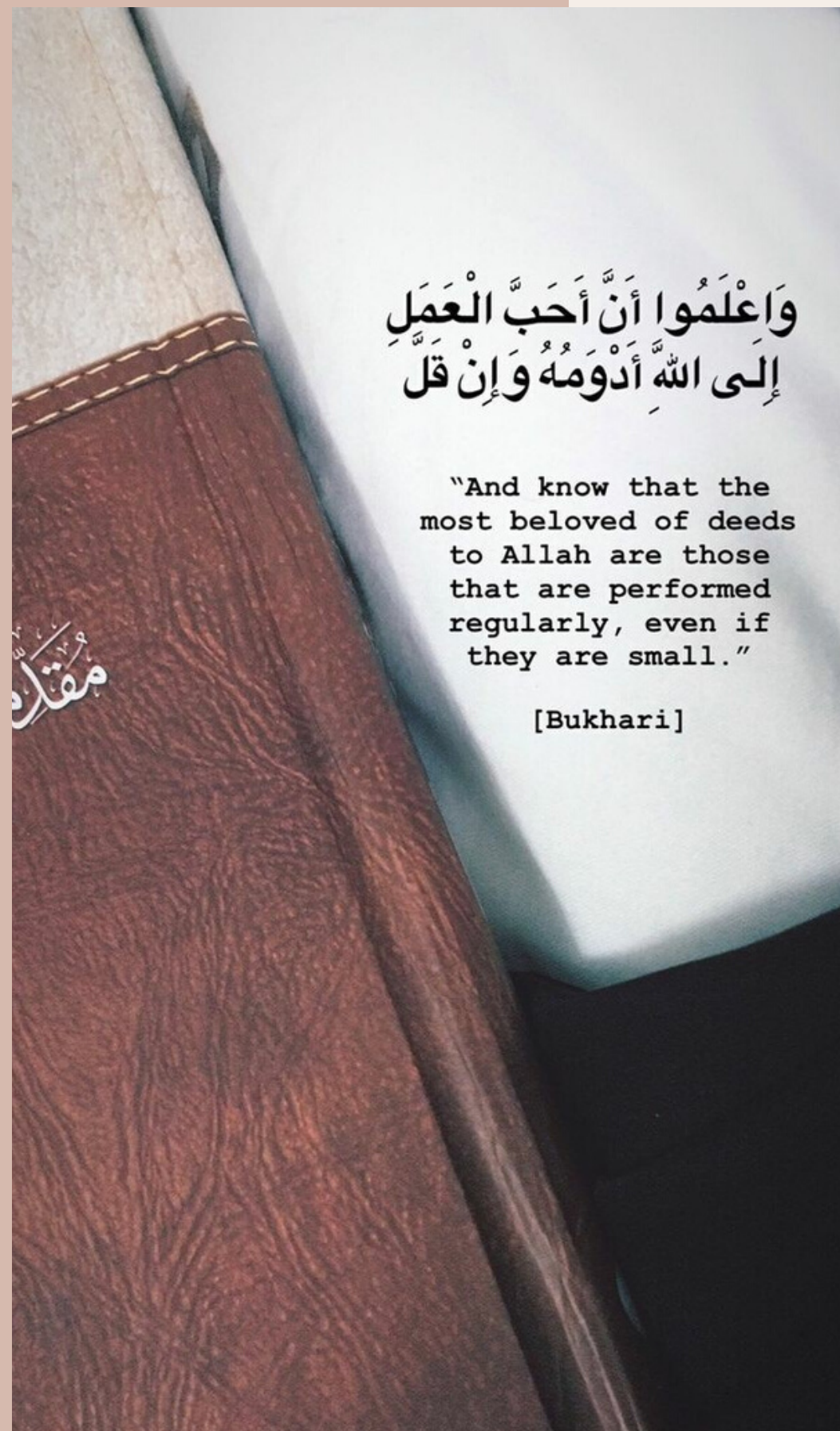


- Plan your daily activities over the month to balance revision, work, ibadah and other activities.
- Make a du'a list.
- Plan healthy meals and stock up on essentials for the month and Eid.



- Tidy up and reorganize to be able to mentally and spiritually welcome the month.
- Set a goal of how many Qur'ans you want to finish this year and plan on how to accomplish it.





وَاعْلَمُوا أَنَّ أَحَبَّ الْعَمَلِ
إِلَى اللَّهِ أَدْوَمُهُ وَإِنْ قَلَّ

"And know that the
most beloved of deeds
to Allah are those
that are performed
regularly, even if
they are small."

[Bukhari]

Deeds During Ramadan in Lockdown

'Race towards all that is
good.' [Quran 2: 148]

Am I going to find meaning
and connection to Allah in our
prayers, regardless of the
location and the environment?

Am I going to donate
generously and support our
institutions and our
fragmented and war-torn
brethren, even while being
disconnected physically from
other gatherings?

Am I going to maintain the ties
of kinship and the spirit of
brotherhood with our families
and community members?

Am I going to experience the
transformational elements of
fasting, without the sweet
social interactions of Iftar?

Am I going to choose wisely
what kind of media to consume
and what material to fill our
hearts and eyes and minds
with?

"For everyone there is a direction to which he turns his face. Strive, then, to excel each other in good deeds. Wherever you are, Allah will bring you all together. Allah is certainly powerful over everything."

[Quran 2:148]

Questions to ask yourself



SALAH AND SADAQAH

The Prophet صلى الله عليه وسلم said: “Whoever stands in prayer in Ramadan (night prayers) with Imaan and seeking reward (from Allah), his past sins will be forgiven.” [Sahih al-Bukhari]

Ibn ‘Abbaas رضي الله عنه said: “The Prophet صلى الله عليه وسلم was the most generous of people, but he would be his most generous during Ramadan when he would meet with the Angel Jibreel. He would meet with him every night and recite the Qur’an. When Jibreel met him, he used to be more generous than a fast wind.” [Sahih al-Bukhari]

SEEKING LAYLAT-AL-QADR

The Prophet صلى الله عليه وسلم said: “Seek it (Lailatul Qadr) in the last (ten nights). If one among you shows slackness and weakness (in the earlier part of Ramadan), it should not be allowed to prevail upon him in the last week.” [Sahih Muslim]

Reward: Abu Hurairah رضي الله عنه narrated that the Prophet صلى الله عليه وسلم said: "Whoever establishes prayers during the Night of Al-Qadr with sincere faith and hoping to attain Allah's rewards (not for showing off), all his past sins will be forgiven." [Sahih al-Bukhari]

Du'a in the last 10 nights: Aa'isha رضي الله عنها said: "I asked the Messenger of Allah صلى الله عليه وسلم: 'O Messenger of Allah صلى الله عليه وسلم, if I find the night of Al-Qadr, what should I say?' He صلى الله عليه وسلم said, say: **اَللّٰهُمَّ اِنَّكَ عَفُوٌّ ، تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي** "O Allah, You are the One Pardoning, You love to pardon, so pardon me." [Sunan at-Tirmidhi]

The Month of Forgiveness —

RECITATION OF THE QUR'AN

The Prophet صلى الله عليه وسلم said: “Whoever reads one letter of the Book of Allah will have one good deed for it, and each good deed is a tenfold reward. I do not say that Alif-Laam-Meem is a letter, rather Alif is a letter, Laam is a letter, Meem is a letter.” [Sunan at-Tirmidhi]

MEMORISATION OF THE QUR'AN

The Prophet صلى الله عليه وسلم said: “It will be said to the one who was devoted to the Qur'an: ‘Recite and ascend; and recite carefully as you recited carefully when you were in the world, for verily your abode will be at the place of the last verse you recite.’” [Abu Dawud]

PONDERING OVER AND TEACH THE QUR'AN

'[This is] a blessed Book which We have revealed to you, [O Muhammad], that they might reflect upon its verses and that those of understanding would be reminded.' [Quran 38:29]

The Prophet صلى الله عليه وسلم said: “The best amongst you is the one who learns the Qur'an and teaches it.” [Sahih al-Bukhari]



The Month of Duas

POWER OF DUA

The Prophet صلى الله عليه وسلم said: “Supplications made by three people are not rejected: the father, the fasting person and the traveler.” [Sunan al-Bayhaqi]

GENERAL TIPS

- Before Ramadan begins, make a list of duas for everything you desire. It is useful to place these duas under a few headings to make it easier for you to remember them.
- Have a list of goals you want to achieve, even if they are small. Be sure to include your goals in your dua list so Allah can help you be productive in achieving them.
- Memorize the dua for daily activities Do not worry if you can't; just write them down on a paper or on your phone so you have them at hand whenever you have a few spare minutes.
- Make some dua cards to stick around the house to help your family reap the benefits of making dua.

TIMES DUA IS ACCEPTED

Duas are accepted after Fard prayer, between adhan and Iqamah, at Tahajjud, when it rains, after reading Quran, while travelling and during Suhoor and Iftaar.

Etiquette of making dua

If we want to maximize the impact and sincerity of our dua, here are a few simple guidelines we can follow:

- Have faith that Allah will respond.
- Start your dua by praising Allah and calling upon Him with His Most Beautiful Names.
- Follow this by sending blessings upon the Prophet.
- End your dua with salawat on the Prophet.
- Do not raise your voice too high.
- Face the qiblah whenever possible.



The Extra Reward this Ramadan



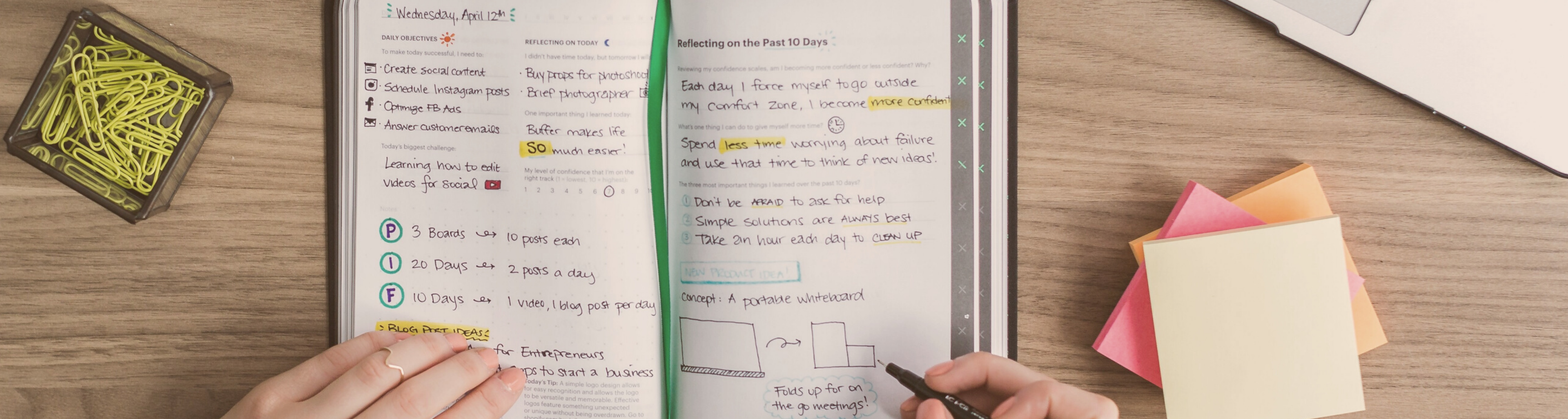
The Prophet صلى الله عليه وسلم said: "Every good deed of the son of Adam will be multiplied manifold. A good deed will be multiplied ten times up to as many as seven hundred times, or as much as Allah wills. [Ibn Majah] Therefore, every deed we do during Ramadan will be multiplied this includes:

Reward for staying home: The Prophet صلى الله عليه وسلم said: "They (plagues) are a punishment which Allāh sends upon whomsoever He wills, but Allāh has made it a mercy to the believers. Anyone who remains in a town which is plagued with an epidemic, remaining patient and anticipating Allāh's reward, while firmly believing that nothing will befall him other than what Allāh has preordained for him, then he will receive a reward of a martyr."

Reward for studying: The Prophet صلى الله عليه وسلم said: "Acquire knowledge, for surely it leads to fear of Allah. Seeking it is an act of worship ('ibadah); studying it is praising Allah; seeking it is jihad; teaching it to whomever doesn't know it is an act of charity (sadaqah)...." [Tirmidhi]

Studying, Exams, pandemic and Ramadan

- Trust Allah's plan. Believe that you will come out with the best results.
- Start revision early in the day when you have the most energy to study.
- Understand rather than memorize as much as you can. Understand the format of the exam paper and review and practice the past papers and seminar questions as they tend to repeat themselves.
- Try to study in groups online to get yourself tested and teach others to facilitate effective learning.
- Make Du'a and ask Allah for success as the Du'as of a fating person are not rejected.
- Remember that "Indeed, with hardship will be ease." (Qur'an 94:6)





Give In Charity
& Help The Poor



Recite & Learn The
Holy Qur'aan



Pray All Your 5 Daily
Salaah's On Time



Make Lots Of Duaa



Study & Learn
Islamic Knowledge



Do Lots Of
Dhikr

DO's



No Eating Or Drinking
Whilst Fasting



No Arguing Or
Fighting & Avoid Sins

DONT's



No Swearing, Lying
& Backbiting



Don't Waste Time On
Useless Activities



To Eat or Not to Eat —

Eating properly in Ramadan is not only a physical priority, but it is something that can also affect our spiritual health. By eating the wrong foods, we can bring on tiredness and lethargy which can in turn affect our ability to worship and devote our time to Allah. Thus, eating properly during Ramadan is also a spiritual necessity.

The Prophet ﷺ said: “The son of Adam does not fill any vessel worse than his stomach. It is enough for the son of Adam to eat a few mouthfuls to keep him going, but if he must (fill his stomach), then one third for his food, one third for his drink and one third for air.” [Tirmidhi] So follow the Sunnah and avoid high-sugar and high-fat foods. Eat nutritious foods and stay hydrated.

The Prophet ﷺ said: “If somebody eats or drinks forgetfully then he should complete his saum (fast), for what he has eaten or drank, has been given to him by Allah” [Bukhari]

So whats
our **guide**
in life?

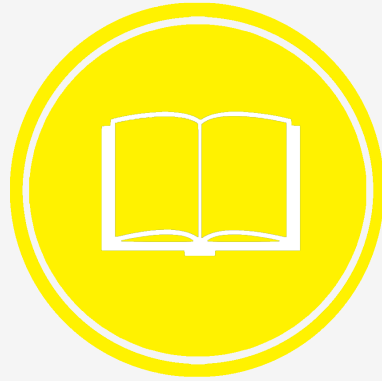


Moses



Taurah

David



Zaboor

Jesus



Injeel

Muhammad



Qur'an



Messengers of God

Received guidance

Night of Power

Lailatul Qadr

How do you know if you
had a **Good Ramadan?**



INCREASE

in good - Stay away from bad

A vintage Ikon camera with a black leather-like body and silver-toned lens mount is positioned diagonally across the frame. It sits on a piano keyboard, with several white and black keys visible in the foreground and background. The camera's lens is prominent, showing a multi-element design. The background is softly blurred, suggesting an indoor setting with warm lighting. A semi-transparent circular graphic on the left contains the text 'your TAKE'.

your
TAKE

Acknowledgements



All praise and thanks are due to Allah, who facilitated the completion of this guide. May he further reward all those who inspired, helped and supported this effort in various ways. May Allah have mercy on them, and may this be a source of barakah and sadaqah jariya in dunya and akhira for all who use it Ameen.

We ask Allah to make our efforts helpful and fruitful to those who use this, forgive our shortcomings and accept it from us. Our Lord, forgive us and all the believers, and bestow Your peace and praise upon our Prophet Muhammed

صلى الله عليه وسلم

Compiled by Zubiah Farooqi